

Dining 6100

Monday thru Saturday Lunch Noon-1:30pm
Sunday Lunch 11:45am -1:45pm
Daily Dinner 5pm-7pm

West Dining (336) 292-9952 x 4222

LUNCH & DINNER

SOUP & SALAD

Seasonal Soup Cup \$2 Bowl \$4

Please ask about our daily offering

House Side Salad \$2

Chopped Romaine, Cherry Tomatoes,
Cucumber, Shredded Carrot, Cheddar

Seasonal Side Salad \$3

Baby Spinach, Pecans, Cranberries, Grapes,
Feta, Champagne Vinaigrette

Soup & Salad Combo* \$5

Bowl of our Daily Soup + Side Salad

* Upgrade to Seasonal Salad for +\$1

Seasonal Fresh Fruit \$3.75

Kiwi, Fresh Berries, Seasonal Fruit



CHEFS WEEKLY FEATURE

Black & Blue Wedge Salad 11.75

Blackened Grilled Chicken, Bacon, Baby
Iceberg, Shaved Red Onions, Sliced Egg,
Tomatoes, Blue Cheese Crumbles

Add 1 drink and 2 sides for \$2.50

Pan Seared Salmon 14.95

Green Pea Risotto, Parmesan Roasted
Tomatoes, Grain Mustard Remoulade

Available Daily for Lunch & Dinner

There will be a \$.50 sustainability fee for a to go
box after dining and a \$1.00 sustainability fee for
all delivery and pick up orders

DAILY ACTION STATION

Action Station \$6.75

Upgrade to 2 sides and a drink for \$10

Sunday ~ Omelet Station

Choice of Fillings:

Bacon, Sausage, Ham, Tomato, Mushroom,
Bell Peppers, Onions, Spinach, Cheddar
Cheese

Served with Breakfast Potatoes and Wheat Toast

Monday ~ Pasta Station

Pasta: Spaghetti, Fettuccine or Penne

Protein: Meatballs, Grilled Chicken or Shrimp

Sauce: House Marinara, Parmesan Alfredo or
Pesto

Served with Garlic Bread & House Side Salad

Tuesday ~ Stir Fry Station

Protein: Teriyaki Steak or Sesame Shrimp

Rice: Fried Rice, Brown Rice or Rice Noodles

Vegetables: Zucchini, Mushrooms, Green
Peas, Broccoli, Carrots

Served with an Eggroll

Wednesday ~ 7" Pizza

Pepperoni, Sausage, Chicken, Spinach,
Mushrooms, Bell Peppers, Onions, Black
Olive, Tomatoes

Served with House Side Salad

Thursday ~ Taco Bar

Protein: Shredded Chicken, Ground Beef or
Roasted Pork

Toppings: Shredded Lettuce, Tomato, Onion,
Avocado, Salsa, Radish, Cheddar Jack,
Queso Fresco

Served with Seasoned Pintos

Friday ~ Shrimp & Grits

Stone Ground Cheddar Grits, Bell Peppers +
Onions, Sage Sausage Gravy

Served with a Corn Muffin

Saturday ~ Wing Bar

House Smoked or Fried & served with Celery
& Ranch/Blue Cheese

Choice of Sauced: Buffalo, Wet/Dry Jerk, Old
Bay, Truffle Parmesan, Lemon Pepper

Served with Bistro Chips

HEART HEALTHY

Available Daily for Lunch & Dinner
Entrée Served with Beverage and Choice of 3 House Sides

Rotisserie Roasted Chicken

Lemon, Olive Oil, Herbs \$10

Baked Atlantic Cod

White Wine, Lemon, Thyme \$10

Roasted Cauliflower "Steak"

Olive Oil, Herbs \$10

Friend's Special

Entrée Served with Beverage and Choice of 3 House Sides

LUNCH

SUNDAY \$10

BBQ Chicken Quarter/ Macaroni & Cheese/ Squash
Medley with Carrots

MONDAY \$10

Beef Stroganoff/ Buttered Egg Noodles/ Chopped
Country Coleslaw

TUESDAY \$10

Turkey Tetrazzini/ Corn on the Cob/ Buttered Parsnips

WEDNESDAY \$10

Signature Fried Chicken/ Black-Eyed Peas/ Seasoned
Yellow Squash

THURSDAY \$10

Lemon Pepper Pork Loin/ Mexican Rice/ Latin Black
Beans

FRIDAY \$10

Chicken Marsala/ Linguine/ Fried Eggplant

SATURDAY \$10

Pork Carnitas/ Spanish Rice/ Seasoned Spinach

DINNER

SUNDAY \$13

Crab Cakes/ Whipped Potatoes/ Green Peas

MONDAY \$10

Baked Ziti/ Thyme Rosemary Potatoes/ Zucchini
Parmesan

TUESDAY \$10

Grilled Pork Chop/ White Rice/ Braised Greens

WEDNESDAY \$10

Apricot Glazed Ham/ Sweet Potato Casserole/
Broccoli Florets

THURSDAY \$10

Chicken Breast Tampico/ Pinto Beans/ Chopped
Country Coleslaw

FRIDAY \$10

Country Fried Steak/ Mashed Potatoes/ Brussel
Sprouts

SATURDAY \$10

Sesame Ginger Fish/ Wild Rice Blend/ Country
Coleslaw

HOUSE SIDES \$2

Steamed Spinach, Green Beans

Brown Rice, Whipped Potatoes, Baked Potato,
Baked Sweet Potato

Fresh Cut Fruit, House Soup, House Side
Salad, House Dessert

DESSERTS

Chef's Confection \$3.50

Vanilla Bean Crème Brule Cheesecake: Berry Compote,
Whipped Cream

House Dessert Special \$2

Hand Dipped Ice Cream \$2

Always Available: Vanilla and Sherbet
Ask for our Featured Flavor

Comes with 2 Toppings

BEVERAGES \$1.25

Sweet & Unsweet Tea, Lemonade, Arnold Palmer, Pepsi, Diet Pepsi, Ginger Ale, Diet Ginger Ale, Sierra Mist
Additional refills of Soda \$1.25

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness